



Canalside Community Food

a community supported agriculture scheme

Lone Worker Policy

As employers we ensure:

- That risk assessments are carried out and regularly updated
- That training is provided for tasks that are flagged up in the risk assessments
- That first aid training is up-to-date
- That those who don't have first aid training have basic self-first-aid training
- That first aid kits are easily accessible
- That lone workers are aware of how to keep safe – e.g. mobile available at all times, friend or relative who knows where they are and roughly how long they will be working
- That there is a culture of not putting oneself at risk just to complete the task, of asking for help when it is needed, and that employees or self-employed people working at Canalside Community Food know that their safety is paramount to the co-operative

The employed or self-employed person:

- Should be aware of risk assessments
- Should always have a fully charged mobile phone with them
- Should always have a friend or relative that knows where they are
- Should check-in with that person/those people, particularly if the job is taking longer than expected
- Should either be first aid trained or have basic self-first-aid knowledge
- Should not undertake a risky task 'just to get the job done'

Issues to be aware of:

- Tractor driving and safety
- Use of tractor drawn machines and PTO

- Attaching tools to tractor
- Falls in field alone
- Heavy lifting

Risk assessments attached to policy:

Risk assessment for Canalside workers

Approved by the steering group on 17 July 2023

To be reviewed July 2024